
Michael T. Kalkbrenner, Ph.D., NCC.
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New Mexico State University
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EDUCATION

Ph.D.	<i>Old Dominion University</i> Counselor Education and Supervision CACREP Accredited	2017
M.S.	<i>The College at Brockport, State University of New York</i> Mental Health Counseling CACREP Accredited	2014
B.A.	<i>State University of New York at Geneseo</i> Psychology	2010

CERTIFICATION

- National Certified Counselor (NCC) ID #: 331917
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ACADEMIC POSITIONS

- **Full Professor**, New Mexico State University, Department of Counseling and Educational Psychology, 2023 – present
- **Associate Professor** (with tenure), New Mexico State University, Department of Counseling and Educational Psychology, 2021 – 2022
- **Assistant Professor**, New Mexico State University, Department of Counseling and Educational Psychology, 2017 - 2020
- **Adjunct Faculty Member**, Old Dominion University, Department of Counseling and Human Services, 2017
- **Graduate Teaching and Research Assistant**, Old Dominion University, Department of Counseling and Human Services, 2014 - 2016

PUBLICATIONS

Peer-Reviewed Journal Articles

**Italicized* denote student collaborations

*Underlines denote statistical and/or methodological specialist:

(Propensity score matching, multiple-group confirmatory factor analysis, or convergent/parallel mixed-methods design).

71. **Kalkbrenner, M.T.**, & Lenz, A. S. (in press). Step-by-step tutorial to conducting and interpreting measurement invariance testing for counselors and assessment professionals. *Measurement and Evaluation in Counseling and Development*. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
70. **Kalkbrenner, M.T.**, & *Filoteo Young, N.A.* (2025). Supporting mental health among STEM students: The REDFLAGS Model. *Behavioral Sciences*. 15(11), Article 1559. <https://doi.org/10.3390/bs15111559>. High quality journal ranking per the CEP department.
69. Knox, K. M., & **Kalkbrenner, M. T.** (2025). Development and validation of scores on the School Social Work Advocacy Scale (SSWAS). Advanced online publication. *School Mental Health*. <https://doi.org/10.1007/s12310-025-09823-5>. High quality journal ranking per the CEP department.
68. Cascalheira, C. J., DeFiori, K., **Kalkbrenner, M. T.**, Beaver, K., Chang, C.C., Upham, M., Livingston, N.A., Shipherd, J.C., Kauth, M.R., Kaysen, D., & Simpson, T.L. (in press). Factor structure and factorial invariance of scores on the PCL-5, PHQ-8, and GAD-7 across veterans. *Assessment*. High quality journal ranking per the CEP department.
67. **Kalkbrenner, M.T.**, & *George, E.G.* (2025). Internal structure and convergent validity evidence of scores on barriers to counseling measures among older adults in the United States. *Journal of Counseling and Development*. Advanced online publication. <https://doi.org/10.1002/jcad.70009>. High quality journal ranking per the CEP department and the flagship journal in my field.
66. Wang, J., & **Kalkbrenner, M.T** (2025). Factorial invariance of scores on the Teacher's Motivation Assessment for Coaching (T-MAC): Coaching history and years of teaching experience. *Psychology in the Schools*. Advanced online publication. <http://doi.org/10.1002/pits.70092>. High quality journal ranking per the CEP department.
65. *Sun, H.*, **Kalkbrenner, M.T.**, & *Doyle, V.* (2025). Validation of scores on the Lifestyle Practices and Health Consciousness Inventory-2 with a national sample of veterans in the United States. *Measurement and Evaluation in Counseling and Development*. Advanced online publication. <https://doi.org/10.1080/07481756.2025.2485062>. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
64. Goodman-Scott, E., **Kalkbrenner, M.T.**, Olsen, J., & *Betters-Bubon, J.J.* (2025). Initial validation of

scores on the MTSS Alignment Inventory. *Journal of Positive Behavior Interventions*. Advanced online publication. <https://doi.org/10.1177/10983007251373066> High quality journal ranking per the CEP department.

63. **Kalkbrenner, M.T., & Peterson, S.** (2025). Barriers to seeking counseling among U.S. Military service members. *Journal of Counseling & Development*. 103(1), 15-24. <http://dx.doi.org/10.1002/jcad.12542>. High quality journal ranking per the CEP department and the flagship journal in my field.
62. **Kalkbrenner, M.T., & Esparza, S.** (2025). Barriers to seeking counseling among a national sample of U.S. physicians: The Revised Fit, Stigma, and Value Scale. *The Professional Counselor*. 15(2), 99-114. <https://doi.org/10.15241/mtk.15.2.99>. High quality journal ranking per the CEP department.
61. Wang, J., **Kalkbrenner, M.T., & Begeny, J.** (2025). Development and initial validation of scores on the Teacher's Motivation Assessment for Coaching (T-MAC). *Journal of Educational and Psychological Consultation*. Advanced online publication. <https://doi.org/10.1080/10474412.2025.2475502>
60. **Kalkbrenner, M.T., & Gainza Perez, M.A.** (2025). Factorial invariance of scores on the Lifestyle Practices and Health Consciousness Inventory-2: An international sample from the United States and United Kingdom. *Measurement and Evaluation in Counseling and Development*. Advanced online publication. <https://doi.org/10.1080/07481756.2024.2441135>. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
59. Wang, J., **Kalkbrenner, M.T., & Schaner, R.** (2025). Measurement invariance of scores on the Teacher Stress Scale: National sample of PreK-12 teachers. *Psychology in the Schools*. 62(1), 149-166. <http://dx.doi.org/10.1002/pits.23317>. High quality journal ranking per the CEP department.
58. **Kalkbrenner, M.T., Sun, H., & Peterson, S.** (2025). Psychometric evaluation of wellness-based screeners: National sample of U.S. physicians. *Journal of Mental Health Counseling*. 47(1), 74-94. <https://doi.org/10.1080/07481756.2024.2441135>. High quality journal ranking per the CEP department.
57. **Kalkbrenner, M.T., Huycke, M., & Sun, H.** (2025). Factorial Invariance of college students' scores on The Lifestyle Practices and Health Consciousness Inventory. *Journal of American College Health*. 73(6), 2529-2537. <https://doi.org/10.1080/07448481.2024.2308269>. High quality journal ranking per the CEP department.
56. **Kalkbrenner, M.T., Zackery, S.L., & Zhao, Y.** (2024). Factorial invariance of scores on the Inner Wealth Inventory: A nation-wide sample of adults in the United States. *The Professional Counselor*. 14(2), 198-211. <http://doi.org/10.15241/mtk.14.2.198>. High quality journal ranking per the CEP department.
55. **Kalkbrenner, M.T.** (2024). Choosing between Cronbach's coefficient alpha, McDonald's coefficient omega, and coefficient H: Confidence intervals and the advantages and drawbacks of interpretive guidelines. *Measurement and Evaluation in Counseling and Development*. 57(2), 93-105. <https://doi.org/10.1080/07481756.2023.2283637>. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
54. **Kalkbrenner, M.T., Vernace, A.L., & Glasser, H. N.** (2024). Inner-Wealth: Predicting lower levels of depression and anxiety severity. *Journal of Mental Health Counseling*. 46(2), 134-152.

<https://doi.org/10.17744/mehc.46.2.03>. High quality journal ranking per the CEP department.

53. **Kalkbrenner, M.T.** (2024). Structural invariance of The Global Wellness Model: A national sample. *Journal of Counseling & Development*. 102(1), 107-118. <http://doi.org/10.1002/jcad.12492>. High quality journal ranking per the CEP department and the flagship journal in my field.
52. **Kalkbrenner, M.T., Gainza Perez, M.A., & Hubbard, J.S.** (2024). Measurement invariance of scores on the Somatic Symptom Scale-8: National sample of non-clinical adults in the United States. *Measurement and Evaluation in Counseling and Development*. 57(3), 263 – 275. <https://doi.org/10.1080/07481756.2023.2243269>. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
51. **Kalkbrenner, M.T., Hunt, A.J., Ryan, A.F., & Rahman, S.R.** (2024). Psychometric properties of The Patient Health Questionnaire-9 and The Generalized Anxiety Disorder-7 with adults in the United States. *Journal of Mental Health Counseling*. 46(1), 74-94. <https://doi.org/10.17744/mehc.46.1.05>. High quality journal ranking per the CEP department.
50. **Kalkbrenner, M.T., Bradley, M., & Sun, H.** (2024). Development and initial validation of scores on The Lifestyle Practices and Health Consciousness Inventory-2: Brief Version. *Measurement and Evaluation in Counseling and Development*. 57(1), 1-14. <https://doi.org/10.1080/07481756.2023.2193339>. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
49. **Kalkbrenner, M.T. & Carlisle, K. L.** (2024). Structural pathways between social support and mental health among STEM students: Implications for college student psychotherapy. *Journal of College Student Mental Health*. 38(2), 341-356. <https://doi.org/10.1080/87568225.2023.2183164>. High quality journal ranking per the CEP department.
48. **Kalkbrenner, M. T., & Flinn, R. E.** (2024). Psychometric Properties of Scores on the Mental Distress Response Scale among First-Generation College Students: Implications for Retention. *Journal of College Student Retention: Research, Theory & Practice*, 26(3), 844–860. <https://doi.org/10.1177/15210251221123041>. High quality journal ranking per the CEP department.
47. **Kalkbrenner, M.T.** (2023). Examining Global Wellness, anxiety severity, and depression severity among Black and Latinx Adults: Implications for counseling. *Journal of Mental Health Counseling*. 45(1), 34-52. <https://doi.org/10.17744/mehc.45.1.03>. High quality journal ranking per the CEP department.
46. **Kalkbrenner, M.T.** (2023). Alpha, omega, and *H* internal consistency reliability estimates-reviewing these options and when to use them. *Counseling Outcome Research and Evaluation*. 14(1), 77-88. <https://doi.org/10.1080/21501378.2021.1940118>. High quality journal ranking per the CEP department.
45. **Kalkbrenner, M.T., Hunt, A.J., Ryan, A.F., & Rahman, S.R.** (2023). Internal consistency reliability and internal structure validity of the English versions of the Patient Health Questionnaire-9 and the Generalized Anxiety Disorder-7: A psychometric synthesis. *Measurement and Evaluation in Counseling and Development*. 56(2), 124-137. <https://doi.org/10.1080/07481756.2022.2091460>. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.

44. Bennett, E., **Kalkbrenner, M.T.**, Glasser, H. N., Tafoya, B., Leybas, V., & Bingham, L. (2023). Development and initial validation of scores on the Inner Wealth Inventory: Implications for human service management and practice. *Human Services Organizations: Management, Leadership, and Governance*. 47(1), 122-136. <https://doi.org/10.1080/23303131.2022.2158977>. High quality journal ranking per the CEP department.
43. **Kalkbrenner, M.T.** (2022). Best practices and guidelines for writing a rigorous quantitative methodology section in counseling and related fields. *The Professional Counselor*. 12(3), 217 – 231. <https://doi.org/10.15241/mtk.12.3.217>. High quality journal ranking per the CEP department.
42. **Kalkbrenner, M.T.**, Neukrug, E.S., & Esquivel Arteaga, L.E. (2022). Mental health literacy screening of students in Hispanic Serving Institutions. *Journal of Counseling & Development*. 100(1), 319-329. <https://doi.org/10.1002/jcad.12428>. High quality journal ranking per the CEP department and the flagship journal in my field.
41. Vomer, R. V., York, E., **Kalkbrenner, M.T.**, Kershaw, Z., Seemann, L.L., & Pujalte, G.A. (2022). Effects of athletic trainer direct employment on the management of sports-related injuries in high school athletes. *Cureus Journal of Medical Science*. 14(12). e32995. <https://doi.org/10.7759/cureus.32995>
40. **Kalkbrenner, M.T.** & Miceli, G. (2022). Barriers to seeking counseling among STEM students: The Revised Fit, Stigma, and Value Scale. *The Professional Counselor*. 12(3), 249 – 261. <https://doi.org/10.15241/mtk.12.3.249>. High quality journal ranking per the CEP department.
39. Cascalheira, C. J., Nelson, J., & **Kalkbrenner, M. T.** (2023). Factorial invariance of scores on the Self-Objectification Beliefs and Behaviors Scale (SOBBS) among transgender and nonbinary people. *Measurement and Evaluation in Counseling and Development*, 56(1), 48–63. <https://doi.org/10.1080/07481756.2022.2032758>. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
38. **Kalkbrenner, M.T.** (2022). Global Wellness: Predicting lower levels of anxiety and depression severity. *Journal of Counseling & Development*. 100(1), 84-95. <https://doi.org/10.1002/jcad.12405>. High quality journal ranking per the CEP department and the flagship journal in my field.
37. Gruber, E., **Kalkbrenner, M.T.**, & Hitter, T. L. (2022). An intersectional conceptualization of beauty in Latinx women: A mixed methods study. *Body Image*. 41(1), 432 – 442. <https://doi.org/10.1016/j.bodyim.2022.04.008>. High quality journal ranking per the CEP department.
36. **Kalkbrenner, M.T.** (2022). Validation of scores on The Lifestyle Practices and Health Consciousness Inventory with and Black and Latinx adults in the United States: A three-dimensional model. *Measurement and Evaluation in Counseling and Development*. 55(2), 84 – 97. <https://doi.org/10.1080/07481756.2021.1955214>. High quality journal ranking per the CEP department.
35. **Kalkbrenner, M.T.**, James, C., & Pérez-Rojas, A., E. (2022). College students’ awareness of mental disorders and counselor seeking behaviors: Comparison across academic disciplines. *Journal of College Student Psychotherapy*. 36(2), 113–134. <https://doi.org/10.1080/87568225.2020.1791774>. High quality journal ranking per the CEP department.

34. Goodman-Scott, E., McMahon, G., H., **Kalkbrenner, M.T.**, & Smith-Durkin, S. (2022). An ex post facto study examining implementation of positive behavioral interventions and supports across school and community variables from an inclusive innovation perspective. *Journal of Positive Behavior Interventions*. 24(4), 255-265. <https://doi.org/10.1177/10983007211013784>. High quality journal ranking per the CEP department.
33. Flinn, R.E. & **Kalkbrenner, M.T.** (2021). Matching variables with the appropriate statistical tests in counseling research. *Teaching and Supervision in Counseling*. 3(3). Article 4. <https://doi.org/10.7290/tsc030304>
32. **Kalkbrenner, M.T.**, Arroyos, E.C., & Mims, T. D. (2021). Recognize and refer? Differences by gender, ethnicity, and help-seeking history. *Journal of College Counseling*. 24(2), 162-177. <https://doi.org/10.1002/jocc.12183>. High quality journal ranking per the CEP department.
31. **Kalkbrenner, M.T.** & Goodman-Scott, E. (2021). Peer-to-peer mental health support: Validating scores on the Mental Distress Response Scale with high school students. *Professional School Counseling*. 25(1), 1-9. <https://doi.org/10.1177/2156759X211006631>. High quality journal ranking per the CEP department.
30. **Kalkbrenner, M.T.** (2021). Enhancing assessment literacy in professional counseling: A practical overview of factor analysis. *The Professional Counselor*. 11(3), 267-284. <https://doi.org/10.15241/mtk.11.3.267>. High quality journal ranking per the CEP department.
29. **Kalkbrenner, M.T.**, Flinn, R.E., Sullivan, D.K., & Esquivel Arteaga, L.E. (2021). A mental health literacy approach to supporting first-generation community college student mental health: The REDFLAGS Model. *Community College Review*. 49(3), 324-342. <https://doi.org/10.1177/00915521211002893>. High quality journal ranking per the CEP department.
28. **Kalkbrenner, M.T.** (2021). A practical guide to instrument development and score validation in the social sciences: The MEASURE Approach. *Practical Assessment, Research & Evaluation*. 26(1), Article 1. <https://doi.org/10.7275/svg4-e671>. High quality journal ranking per the CEP department.
27. **Kalkbrenner, M.T.**, & Carlisle, K. (2021). Faculty members and college counseling: Utility of The REDFLAGS Model. *Journal of College Student Psychotherapy*. 35(1), 70-86. <https://doi.org/10.1080/87568225.2019.1621230>. High quality journal ranking per the CEP department.
26. **Kalkbrenner, M.T.**, Jolley, A.L., & Hays, D. (2021). Faculty views on college student mental health: Implications for retention and student success. *Journal of College Student Retention: Research, Theory & Practice*. 23(3), 636–658. <https://doi.org/10.1177/1521025119867639>. High quality journal ranking per the CEP department.
25. **Kalkbrenner, M.T.**, Sink, C.A., & Smith, J.L. (2020). Mental health literacy and peer-to-peer counseling referrals among community college students. *Journal of Counseling & Development*. 98(2), 172-182. <https://doi.org/10.1002/jcad.12311>. High quality journal ranking per the CEP department and the flagship journal in my field.
24. **Kalkbrenner, M.T.** (2020). Cross-validation of the Mental Distress Response Scale: Implications for counselors. *The Professional Counselor*. 10(1), 1 -12. <https://doi.org/10.15241/mtk.10.1.1>. High quality

journal ranking per the CEP department.

23. **Smith, J.L., & Kalkbrenner, M.T.** (2020). Young adults' attitudes about corporal punishment: Implications for mental health counseling. *Journal of Mental Health Counseling*. 42(3), 251-264. <https://doi.org/10.17744/mehc.42.3.05>. High quality journal ranking per the CEP department.
22. **Kalkbrenner, M.T., & Gormley, B.** (2020). Development and initial validation of scores on the Lifestyle Practices and Health Consciousness Inventory (LPHCI). *Measurement and Evaluation in Counseling and Development*. 53(4), 219-237. <https://doi.org/10.1080/07481756.2020.1722703>. High quality journal ranking per the CEP department.
21. **Kalkbrenner, M.T., & Flinn, R.E.** (2020). The Mental Distress Response Scale and promoting peer-to-peer mental health support: Implications for college counselors and student affairs officials. *Journal of College Student Development*. 61(2), 246-251. <https://doi.org/10.1353/csd.2020.0021>. High quality journal ranking per the CEP department and the flagship journal of the American College Personnel.
20. **Kalkbrenner, M.T., Lopez, A. L., & Gibbs, J.R.** (2020). Establishing the initial validity of The REDFLAGS Model: Implications for college counselors. *Journal of College Counseling*. 23(2), 98-112. <https://doi.org/10.1002/jocc.12152>. High quality journal ranking per the CEP department.
19. **Kalkbrenner, M.T., Goodman-Scott, E. & Neukrug, E.S.** (2020). Validation of high school students' scores on the Revised Fit, Stigma, and Value Scale: Implications for school counseling screening. *Professional School Counseling*, 23(1).1-10. <https://doi.org/10.1177/2156759X20912750>. High quality journal ranking per the CEP department.
18. Goodman-Scott, E., Taylor, J. V., **Kalkbrenner, M.T., Darsie, J., Barbosa, R., Walsh, K., & Worth, A.** (2020). A multivariate analysis of variance investigation of school-level RAMP status across two states. *Counseling Outcome Research and Evaluation*. 11(1), 31-44. <https://doi.org/10.1080/21501378.2019.1575696>. High quality journal ranking per the CEP department.
17. **Kalkbrenner, M.T.** (2020). Peer-to-peer mental health support on community college campuses: Examining the factorial invariance of the Mental Distress Response Scale. *Community College Journal of Research and Practice*. 44(1), 757-770. <https://doi.org/10.1080/10668926.2019.1645056>. High quality journal ranking per the CEP department.
16. **Kalkbrenner, M.T., Brown, E.M., Carlisle, K. L., & Carlisle, R. M.** (2019). Utility of The REDFLAGS Model for supporting community college student mental health: Implications for counselors. *Journal of Counseling & Development*. 97(4), 417 - 426. <https://doi.org/10.1002/jcad.12290>. High quality journal ranking per the CEP department and the flagship journal in my field.
15. Guillaume, R., & **Kalkbrenner, M.T.** (2019). Self-Determination Theory: Implications for tenure and promotion for Faculty of Color. *International Journal of Educational Research*, 98(1), 272 – 279. <https://doi.org/10.1016/j.ijer.2019.09.007>. High quality journal ranking per the CEP department
14. **Kalkbrenner, M.T., & Neukrug, E.S.** (2019). The utility of the Revised FSV Scale with counselor trainees: Implications for enhancing clinical supervision. *The Clinical Supervisor*. 38(2), 262–280. <https://doi.org/10.1080/07325223.2019.1634665>. High quality journal ranking per the CEP department.

13. **Kalkbrenner, M.T.**, Sink, C.A, Schwitzer, A.M., & Richards, T. (2019). Understanding Mental Health Scale (UMHS): Development, validation, and implications for college counselors. *Journal of College Counseling*. 22(3), 270 – 286. <https://doi.org/10.1002/jocc.12142>. High quality journal ranking per the CEP department.
12. **Kalkbrenner, M.T.**, Neukrug, E.S., & Griffith, S.A., (2019). Appraising counselors' attendance in counseling: The validation and application of the Revised Fit, Stigma, and Value Scale. *Journal of Mental Health Counseling*. 41(1), 21-35. <https://doi.org/10.17744/mehc.41.1.03>. High quality journal ranking per the CEP department.
11. **Kalkbrenner, M.T.**, & Neukrug, E.S. (2018). Identifying barriers to attendance in counseling among adults in the United States: Confirming the factor structure of the Revised Fit, Stigma, & Value Scale. *The Professional Counselor*, 8(4), 299 – 313. <https://doi.org/10.15241/mtk.8.4.299>. High quality journal ranking per the CEP department.
10. **Kalkbrenner, M.T.**, & Sink, C. (2018). Development and validation of the College Mental Health Perceived Competency Scale. *The Professional Counselor*, 8(2), 175 – 189. <https://doi.org/10.15241/mtk.8.2.175>. High quality journal ranking per the CEP department.
9. Neukrug, E.S., **Kalkbrenner, M.T.**, & Griffith, S.A. (2017). Barriers to counseling among human service professionals: The development and validation of the Fit, Stigma, & Value (FSV) Scale. *Journal of Human Services*, 37(1), 27-40.
7. Johnson, K. F., & **Kalkbrenner, M.T.** (2017). The utilization of technological innovations to support college student mental health: Mobile Health Communication, *Journal of Technology in Human Services*, 35(4), 1-26. <https://doi.org/10.1080/15228835.2017.1368428>. High quality journal ranking per the CEP department.
8. **Kalkbrenner, M.T.**, & Hernández, T. J. (2017). Community college students' awareness of risk factors for mental health problems and referrals to facilitative and debilitating resources. *Community College Journal of Research and Practice*, 41(1), 56-64. <https://doi.org/10.1080/10668926.2016.1179603>. High quality journal ranking per the CEP department.
6. Johnson, K. F., Sparkman-Key, N., & **Kalkbrenner, M.T.** (2017). Human service students' and professionals' knowledge and experiences of interprofessionalism: Implications for education. *Journal of Human Services*, 37(1), 5-13.
5. Gerwe, C., Parks-Savage, A.C., Bertolet, C.L., **Kalkbrenner, M.T.**, & Archer, L. (2017) Promoting the wellness of physician-residents: Counselor-delivered coaching. *Counseling & Wellness: A Professional Counseling Journal*, 6(1), 1-19.
4. **Kalkbrenner, M.T.**, & Parker, R.H., (2016). Infusing experiential learning into the Introductory to Human Services course based on John Dewey's Theory of Education. *Journal of Human Services*, 36(1), 65-68.

3. **Kalkbrenner, M.T.** (2016). Recognizing and supporting students with mental disorders: The REDFLAGS Model. *Journal of Education and Training*, 3(1), 1-13.
<https://doi.org/10.5296/jet.v3i1.8141>
2. **Kalkbrenner, M.T.**, Shepard, J. G., Johnson, K.F., Choudhury, J.D., Reiter, A., & Russell, A. (2016). Interprofessionalism in the literature: A review of the American Journal of Health Research. *American Journal of Health Research*, 4(5), 44-47.
1. Dobmeier, R. A., **Kalkbrenner, M. T.**, Hill, T, T., & Hernández, T. J. (2013). Residential community college student awareness of mental health problems and resources. *New York Journal of Student Affairs*, 13(2), 15-28.

Peer-Reviewed Publications: Under Review

**Italicized denote student collaborations*

- Buras, A.L., & **Kalkbrenner, M.T.** (2025). Psychometric properties of the Lifestyle Practices and Health Consciousness Inventory-2 with older adults: Implications for Mental Health Counseling. *Journal of Mental Health Counseling*.
- Neukrug, E.S., **Kalkbrenner, M.T.**, Sink, C.A., & Kubilus, R. (2025). Development and initial validation of scores on Ed Neukrug's Theoretical Orientation Survey (ENTOS): A Rasch Analysis. *Measurement and Evaluation in Counseling and Development*.

Peer-Reviewed Publications in Progress

- Flinn, R.E., Hitter, T. L., & **Kalkbrenner, M.T.** (2025). Testing the progressive model of help-seeker self-stigma. *The Counseling Psychologist*. Manuscript in preparation.
- Post, P., **Kalkbrenner, M.T.**, & Simpson, D. (2025). Development and Validation of Scores on The IMG Mental Performance Assessment (IMPA). *The Sports Psychologist*. Manuscript in preparation.

Non-Peer Reviewed Publications

Textbooks

- Neukrug, E.S., **Kalkbrenner, M.T.**, & Snow, K., (2020). *The Dictionary of Counseling and Human Services*. Cognella, Inc.
- Kalkbrenner, M.T.** (2017). Created Glossary. In E.S. Neukrug, *A brief orientation to counseling: Professional identity, history, and standards* (2nd ed.). Cengage Learning.
- Kalkbrenner, M.T.** (2017). Updated Glossary. In E.S. Neukrug, *Theory, practice, and trends in human services: An introduction*. (6th ed.). Cengage Learning.
- Kalkbrenner, MT.** (2017). Created Glossary. In E.S. Neukrug, *Skills and techniques in human services: Counseling environment, helping skills, treatment issues* (2nd ed.). Cognella, Inc.

Encyclopedia Entries

Kalkbrenner, M.T. (2017). Psychobiology of Attachment Theory. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 3, pp. 1338-1339) Sage Publications, Inc.

Kalkbrenner, M.T. (2017). Sexual Dysfunction. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 4, pp. 1523-1525) Sage Publications, Inc.

Digital Publications

Neukrug, E.S., **Kalkbrenner, M.T.**, & Griffith, S.A. (2018). Is counseling for you?. *Social Work Helper*. Retrieved from: <https://www.socialworkhelper.com/2018/02/18/is-counseling-for-you/>

FUNDING: GRANTS, SCHOLARSHIPS, & FELLOWSHIPS

Funded External Grants

Total External Grant Funding Amount Awarded = **\$1,955,382**

- Health Resource and Services Administration (Co-Principal Investigator)
Interdisciplinary collaborative training grant to enhance the training experience of MA-CMHC students by having them work in primary care and behavioral health settings treating substance use disorders.
Award Amount: \$1,635,859 (under review).
- National Institutes of Health Pilot Project (Sole Principal Investigator)
Mental and Physical Health among Physicians.
Award Amount: \$36,223 (**Funded**, 2023).
- American Psychological Association Wayne F. Placek Grant (Co-Principal Investigator)
Towards Computationally Enhanced Technology-Delivered Interventions for LGBTQ+ People: Establishing the Computational Construct Validity of Psychosocial Stress with Big Data
Award Amount: \$13,458.33 (**Funded**, 2023).
- National Institutes of Health Pilot Project (Sole Principal Investigator)
Development and Validation of Scores on a Brief Version of The Lifestyle Practices & Health Consciousness Inventory.
Award Amount: \$35,741 (**Funded**, 2022).
- Health Resource and Services Administration (Co-Principal Investigator)
Interdisciplinary collaborative training grant to enhance the training experience of MA-CMHC students by having them work in primary care and behavioral health settings treating substance use disorders.
Award Amount: \$1,234,560 over 5 years, (**Funded**, 2020-2025).
- Children Youth & Families Department Behavioral Health Services
(Methodologist and Statistical Consultant)
The Nurtured Heart Approach® Implementation Pilot Project
Award Amount \$359,900 (**Funded**, 2018 – 2019).

- Children Youth & Families Department Behavioral Health Services (Methodologist and Statistical Consultant)
The Nurtured Heart Approach® Implementation Pilot Project: Phase 2
Continuation Award Amount \$250,000 (**Funded**, 2020).
- National Institutes of Health Pilot Project (Sole Principal Investigator)
Reducing Health Disparities: Lifestyle Practices & Health Consciousness Inventory.
Award Amount: \$25,000 (**Funded**, 2020).
- Southern Association for Counselor Education and Supervision: Research and Best Practice Award
Research Grant (Co- Principal Investigator)
Attendance in Counseling by Counselors: Identifying and Overcoming Barriers
Award Amount: \$500.00. (**Funded**, 2017).

Funded Internal Grants

- Emerging Scholar Initiative Grant (Lead Principal Investigator)
Integrating Medical and Mental Health Care: An Instrument Development and Validation Study
Proposed Award Amount: \$8,000. (**Funded**, 2018).

Scholarships & Fellowships

- CACREP Research Initiative for Graduate Students (CRIGS) Fellowship, (2 awarded annually, nationally). (**Funded**, 2017).
- SACES Emerging Leader's Fellowship, \$200, Southern Association for Counselor Education and Supervision, New Orleans, LA. (**Funded**, 2017).
- NARACES Emerging Leader's Fellowship, \$200, North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY. (**Funded**, 2017).
- Darden College of Education Dissertation Fellowship, \$15,000 (with full tuition waiver), Old Dominion University, (4 awarded annually across 6 departments). (**Funded**, 2016-2017).

PRESENTATIONS

Italicized denote student collaborations

54. Bennett, E., & **Kalkbrenner, M.T.** (2025). *From deficit to desire: How the Inner Wealth Inventory can bring a more balanced perspective to the assessment of wellbeing* [Invited address]. 2025 Children's Law Institute. Albuquerque, New Mexico.
53. Anandavalli, S., **Kalkbrenner, M.T.**, Emelianchik-Key, K., & Gantt-Howrey, A. (2025). *Increasing rigor: Research design, data collection, analysis, and reporting* [Invited address]. 2025 Bridging the Gap Symposium: Eliminating Mental Health Disparities: Minority Fellowship Program. Atlanta, Georgia. (Presentation accepted and published in the program, however, the conference canceled due to federal funding restrictions).

52. **Kalkbrenner, M.T.**, & Joe, R. J. (2024). *Publishing a quantitative dissertation* [Invited address]. Bridging the Gap Symposium, National Board for Certified Counselors. Washington, D.C.
51. **Kalkbrenner, M.T.** (2023). *Development and validation of scores on the Lifestyle Practices and Health Consciousness Inventory* [Invited address]. NIH IDeA Western Regional Conference. Santa Ana Pueblo, NM.
50. **Kalkbrenner, M.T.** (2023). *Writing a rigorous quantitative methodology section in counseling research*. Building Professional Excellence Series. National Board for Certified Counselors. Webinar.
49. Joe, R. J., & **Kalkbrenner, M.T.** (2023). *Writing and publishing a quantitative dissertation* [Invited address]. Bridging the Gap Symposium, National Board for Certified Counselors. Atlanta, Georgia, United States.
48. **Kalkbrenner, M.T.** (2021). *Your future as a professional: Selecting program and applying to graduate school* [Invited address]. Counseling Undergraduate Society, New Mexico State University, Las Cruces, NM, United States.
47. Pérez-Rojas, A.E., & **Kalkbrenner, M.T.** (2020). *Impact of COVID-19 on mental health* [Invited address]. New Mexico State University (NMSU) Virtual Outreach Conference, New Mexico State University, Las Cruces, NM, United States.
46. **Kalkbrenner, M.T.** (2020). *Teaching psychometrics: Using relatable examples to make abstract concepts come to life!* Rocky Mountain Association for Counselor Education and Supervision (RMACES) Conference.
45. Esquivel Arteaga, L.E., Tejada, J. D., & **Kalkbrenner, M.T.** (2020). *Lifestyle practices: Implications for promoting physical and mental health*. Western Association for Counselor Education and Supervision (WACES) Conference, Tucson, AZ. (Conference canceled due to the covid-19 pandemic).
44. **Kalkbrenner, M.T.** (2020). *Uncovering psychometric research designs: An overview of factor analysis in layperson's terms*. Western Association for Counselor Education and Supervision (WACES) Conference, Tucson, AZ. (Conference canceled due to the covid-19 pandemic).
43. Neukrug, E.S., & **Kalkbrenner, M.T.** (2019). *Publish or perish? The publishing process in finding and keeping a job in counselor education*. Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
42. **Kalkbrenner, M.T.** (2019). *Demystifying psychometric research designs: An overview of the major approaches to factor analysis*. Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
- *41. **Kalkbrenner, M.T.**, Griffith, S.A., & Neukrug, E.S. (2019). *The psychometric properties of the Revised Fit, Stigma, & Value (FSV) Scale with counselor trainees: Implications for counselor educators*. Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
40. Brown, E. M., **Kalkbrenner, M.T.**, Carlisle, K.L. (2017). *Cross-ethnic trust factors: Black counselors with White mentors*. The annual convention of the American Counseling Association (ACA), San Francisco, CA, United States.

39. **Kalkbrenner, M.T.**, Neukrug, E.S., Griffith, S.A. (2017). *Barriers to seeking counseling: Development & validation of the Fit, Stigma, & Value (FSV) Scale*. Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL, United States.
38. Neukrug, E.S., **Kalkbrenner, M.T.** (2017). *Insights into publishing in the counseling field: Books, journal articles, and more!* Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL, United States.
37. **Kalkbrenner, M.T.**, & Gerwe, C. (2017). *Coaching medical residents: implications for counseling*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA, United States.
36. James, C., & **Kalkbrenner, M.T.** (2017). *The psychometric validation of the Understanding Mental Health Scale (UMHS)*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA, United States.
35. **Kalkbrenner, M.T.** (2016). *Statistical tests in social sciences research*. [Invited address]. New Mexico State University, Las Cruces, NM, United States.
34. **Kalkbrenner, M.T.** (2016). *Career and occupational assessment: Interest inventories, multiple aptitude tests, and special aptitude tests*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
33. **Kalkbrenner, M.T.** (2016). *Rational Emotive Behavioral Therapy*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
32. **Kalkbrenner, M.T.** (2016). *Empathy and using "I" statements in a medical setting*. [Invited address plenary speaker]. Eastern Virginia Medical School, Norfolk, VA, United States.
31. **Kalkbrenner, M.T.** (2016). *The high School to college transition & mental disorders: Implications for Counselors*. The annual convention of the American Counseling Association (ACA), Montreal, Canada.
30. Neukrug, E.S., Britton, B.S., & **Kalkbrenner, M. T.**, Griffith, S.A. (2016). *Common health-related concerns for men*. The annual convention of the American Counseling Association (ACA), Montreal, Canada.
29. **Kalkbrenner, M.T.** (2016). *Reducing mental health issues: The REDFLAGS Model*. The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, United States.
28. **Kalkbrenner, M.T.** (2016). *Mental health issues on college campuses: The REDFLAGS Model*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA, United States.
27. **Kalkbrenner, M.T.** (2016). *Infusing experiential learning into counselor education pedagogy*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA, United States.

26. **Kalkbrenner, M.T.**, & Ramrakhiani, S. H. (2016). *Counselors as leadership coaches in an academic medical setting: Implications for counselor educators*. North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY, United States.
25. Ramrakhiani, S.H., & **Kalkbrenner, M.T.** (2016). *Counselor educators' experiences infusing social justice into pedagogy*. North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY, United States.
24. **Kalkbrenner, M.T.** (2016). *Cognitive behavioral skills for mood management*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
23. **Kalkbrenner, M.T.** (2015 & 2016, February). *Testing and assessment: An overview*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
22. **Kalkbrenner, M.T.** (2015). *Investigating the implications of a structured peer group supervision model*. The Virginia Counselors Association (VCA) Conference, Hot Springs, VA, United States.
21. **Kalkbrenner, M.T.**, McAuliffe, G., Carlisle, K., & Richards, T. (2015). *Using Dewey's Theory of Education to incorporate experiential learning activities in the social and cultural issues course*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.
20. Carlisle, K. L., Richards, T., **Kalkbrenner, M.T.**, & McAuliffe, G. (2015). *Rubric development for the master's level counseling skills course*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.
19. Richards, T., Carlisle, K. **Kalkbrenner, M.T.**, & Brown, E. M. (2015). *Using Fink's Taxonomy of significant learning in counselor education*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.
18. **Kalkbrenner, M.T.** (2015). *Counseling skills and techniques*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
17. **Kalkbrenner, M.T.** (2015). *Recognizing the warning signs for depression, stress, and how to cope*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
16. **Kalkbrenner, M.T.** (2015). *Ensuring test worthiness: Reliability, validity, practicality, and cross-cultural fairness*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
15. **Kalkbrenner, M.T.** (2015). *Investigating residential community college students' awareness of mental health disorders and related university services*. The 2015 Annual Graduate Research Achievement Day, Old Dominion University, Norfolk, VA, United States.
14. **Kalkbrenner, M.T.**, & Brown, E. M. (2015). *Cognitive information processing theory and the integration of career and mental health counseling services on college campuses*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
13. **Kalkbrenner, M.T.**, & Carlisle, K.L. (2015). *Multisystemic Therapy: A best practice for youth at risk for out of home placement*. The Virginia Association of Counselor Education and Supervision

(VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.

12. **Kalkbrenner, M.T.**, & Jolley, A.L. (2015). *Faculty members as resources for students who are living with mental health disorders: A Pilot Study*. The William and Mary School of Education Research Symposium, Williamsburg, VA, United States.
11. Brown, E.M., & **Kalkbrenner, M.T.** (2015). *Infusing social justice in counselor education*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
10. Carlisle, K. L., & **Kalkbrenner, M.T.** (2015). *Trauma informed approaches for at-risk-youth*. Presentation at the Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
9. Jolley, A.L., & **Kalkbrenner, M.T.** (2015). *Investigating minority students' perceptions of mental health disorders and their impact on the college experience: A pilot study*. The William and Mary School of Education Research Symposium, Williamsburg, VA, United States.
8. **Kalkbrenner, M.T.** (2013). *Nu Chapter of Chi Sigma Iota presents: counselor education clinical internship and alumni panel*. Invited presenter and panel member, Rochester, NY, United States.
7. **Kalkbrenner, M.T.** (2012). *Stress management workshop*. Invited guest lecturer for freshman academic planning course, Brockport, NY, United States.
6. **Kalkbrenner, M.T.**, Hill, T.L., & Pakan, J.P. (2011). *Awareness of mental health disorders on college campuses*. Graduate Research Conference, The College at Brockport, Rochester, NY, United States.
5. **Kalkbrenner, M.T.**, Bach, D.R., Ampel, B.C., & Piccirillo, C.T. (2010). *The effects of manipulated focus on TV. watching and parental support on levels of materialistic values*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.
4. Iuppa, A.A., Ampel, B.C., & **Kalkbrenner, M.T.** (2010). *The relationship between altruism, personal environmental threat, and environmentally friendly behaviors*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.
3. Piccirillo, C.T., **Kalkbrenner, M.T.**, & Bach, D.R. (2010). *Terror management and attitudes toward the environment*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.
2. **Kalkbrenner, M.T.**, Ampel, B.C., & Piccirillo, C.T. (2009). *Efficiencies as a solution to environmental problems*. Presented at Scholar's Day Brown Bag Lunch Event, Geneseo, NY, United States.
1. Allen, J.B., Ampel, B.C., **Kalkbrenner, M.T.**, Piccirillo, C.T., & McDonough, A.C. (2010). *The Jevon's Paradox*. National American Association for Psychological Science (APS) Conference, Boston, MA, United States.

TEACHING EXPERIENCE

Graduate Level Teaching Experience

Semester(s) Taught

Research Methods
Master's level, Counseling
CACREP Master's Core Course
Face-to-Face & Online Sections
New Mexico State University, Las Cruces, NM

Fall 2017, 2018, 2019, 2020, 2021, & 2023
Spring 2020, 2022, 2024, & 2025

Counseling Theories and Techniques
CACREP Master's Core Course
New Mexico State University, Las Cruces, NM

Fall 2021, 2022, 2023, 2024, & 2025

Psychometrics
Doctoral level, Psychology
Face-to-Face & Online Sections
New Mexico State University, Las Cruces, NM

Fall 2017, 2019, 2020, 2021, 2022, 2023, 2024, & 2025

Advanced Statistics
Doctoral level, Counseling & Curriculum and Instruction
Face-to-Face & Hybrid Online Sections
New Mexico State University, Las Cruces, NM

Summer 2021, 2023, & 2025

Multivariate Statistics
Doctoral level, Counseling & Curriculum and Instruction
New Mexico State University, Las Cruces, NM

Spring 2024

Human Development
Cross-listed (MA counseling, Ed.S. School Psychology, & Ph.D. Counseling Psychology)
CACREP Master's Core Course
Face-to-Face & Online Sections
New Mexico State University, Las Cruces, NM

Summer 2019, 2020, 2021, 2022, 2023, 2024, & 2025

Testing, Assessment, & Psychometric Theory
Master's level, Counseling
CACREP Master's Core Course
New Mexico State University, Las Cruces, NM

Fall 2017 & 2019
Spring 2021, 2022, 2023, 2024, & 2025

Counseling Practicum
Master's level, Counseling
CACREP Master's Core Course
New Mexico State University, Las Cruces, NM

Fall 2019

Diagnosis and Treatment Planning Master's level, Counseling CACREP Master's Core Course New Mexico State University, Las Cruces, NM	Summer 2018
Evaluation of Quantitative Research in Education Doctoral level, Curriculum and Instruction Hybrid Online & Fully Online Sections New Mexico State University, Las Cruces, NM	Summer 2018, 2020, 2022, & 2024
Counseling for Lifespan Development Master's level, Counseling CACREP Master's Core Course Old Dominion University, Norfolk, VA	Summer 2017
Advanced Counseling Research Design and Assessment Doctoral level, Counseling Co-Instructor Old Dominion University, Norfolk, VA	Fall 2016
Program Evaluation Doctoral level, Counseling & Foundations of Education Hybrid online instruction Co-Instructor Old Dominion University, Norfolk, VA	Summer 2016
Testing and Client Assessment Master's level, Counseling CACREP Master's Core Course Co-Instructor Old Dominion University, Norfolk, VA	Spring 2016 & 2017
Theories of Counseling and Psychopathology Master's level, Counseling CACREP Master's Core Course Co-Instructor Old Dominion University, Norfolk, VA	Summer 2015
Advanced Counseling Skills and Techniques Master's level, Counseling Co-Instructor Old Dominion University, Norfolk, VA	Spring 2015
Introduction to Counseling Skills and Techniques Master's level, Counseling CACREP Master's Core Course Co-Instructor Old Dominion University, Norfolk, VA	Fall 2014

Undergraduate Teaching Experience

Semester(s) Taught

Research Internship in Counseling & Community Psychology
Undergraduate, Psychology
New Mexico State University, Las Cruces, NM

Spring 2018 & Fall 2018

Introduction to Substance Abuse
Undergraduate, Human Services
Online Instruction (Adobe Connect & WebEx)
Old Dominion University, Norfolk VA

Summer 2016

Career Development & Appraisal
Undergraduate, Human Services
Old Dominion University, Norfolk VA

Spring 2016

Interpersonal Skills
Undergraduate, Human Services
Old Dominion University, Norfolk, VA

Fall 2015

Nonprofit Fundraising (grant writing) in Human Services
Undergraduate, Human Services
Old Dominion University, Norfolk, VA

Summer 2015

Internship in Human Services
Undergraduate, Human Services
Old Dominion University, Norfolk, VA

Spring 2015

Introduction to Human Services
Undergraduate, Human Services
Old Dominion University, Norfolk, VA

Fall 2014

AWARDS & HONORS

Top 2 Percent of Scientists Worldwide

2024 - 2025

Stanford and Elsevier

- This prestigious list identifies the world's leading researchers, representing approximately 2% of all scientists worldwide. It encompasses standardized data on citations, *h*-index, and a wide range of additional bibliometric indicators.

Outstanding Scholar Award

2022

The Professional Counselor (TPC)

- The Outstanding Scholar Award is awarded annually to recognize the most noteworthy article published in *The Professional Counselor* each year. *The Professional Counselor* is the flagship journal of the National Board for Certified Counselors.

- 2022 ODUAA 40 Under 40 Alumni Award** 2022
Old Dominion University Alumni Association (ODUAA)
- Awarded to alumni who have demonstrated impactful leadership in their communities and across the globe in record time (before the age of 40). According to the ODUAA, recipients of this award “represent the very best in achievement and service.”
- Featured Article in the 2021 Edition of *The Journal of Counseling & Development*** 2021
Journal of Counseling & Development
Flagship peer-reviewed journal in my field
American Counseling Association
Global Wellness: Predicting Lower Levels of Anxiety and Depression Severity
- Top Cited Article** 2021
Journal of College Counseling
American College Counseling Association
Establishing the Initial Validity of the REDFLAGS Model: Implications for College Counselors
- Outstanding Aggie Researcher Award** 2020
College of Education
New Mexico State University
- Awarded by the Dean to honor one faculty member in the College of Education for their outstanding achievements in research and discovery.
- Outstanding Scholar Award** 2018
The Professional Counselor (TPC)
- The Outstanding Scholar Award is awarded annually to recognize the most noteworthy article published in *The Professional Counselor* each year. *The Professional Counselor* is the flagship journal of the National Board for Certified Counselors.
- CEP Department Teaching Excellence Award** 2017
Department of Counseling and Educational Psychology
New Mexico State University
- Awarded by the department head for teaching excellence in making complex mathematical concepts easy for students to understand.
- CEP Department Citizenship Award** 2017
Department of Counseling and Educational Psychology
New Mexico State University
- Awarded to faculty members who have demonstrated outstanding service and collegiality in the Department of Counseling and Educational Psychology at New Mexico State University.
- Outstanding Research Award** 2016
Chi Sigma Iota
Old Dominion University

- This award seeks to recognize and honor those who have recently completed research investigations that show promise for outstanding contributions to the counseling profession.

Outstanding Doctoral Student in Counseling Award

2016

Department of Counseling and Human Services
Old Dominion University

- Awarded to one doctoral student annually in the Counseling and Human Services Department at Old Dominion University.

Shining Star Recognition

2016

Old Dominion University

- Awarded by the Division of Student Engagement and Enrollment Services at Old Dominion University to recognize an instructor who was nominated by their students for their hard work, dedication, excellence, and attention given to students.

Distinguished Scholar Award

2014

Department of Counselor Education

The College at Brockport, State University of New York

- Awarded annually to one graduate student throughout the College at Brockport, State University of New York who demonstrated outstanding academic work, scholarship, and who shows exceptional professional promise.

Outstanding Student Award

2014

Department of Counselor Education

The College at Brockport, State University of New York

- Awarded annually to recognize one graduate student in the department of counselor education at the College at Brockport who has consistently demonstrated exceptional academic and clinical skills in professional counseling.

Chi Sigma Iota Honor Society

2011- 2017

LEADERSHIP & SERVICE

National & Regional Leadership & Service: Editorial Boards

Associate Editor

2023 - 2027

Measurement and Evaluation in Counseling and Development

Association for Assessment and Research in Counseling (AARC)

Associate Editor

2021 - present

The Professional Counselor

National Board for Certified Counselors

Editorial Board Member

2020 - 2023

Proposal Reviewer

Journal of Counseling & Development

American Counseling Association

The Flagship Journal in My Field

Editorial Board Member

2021 - 2023

Proposal Reviewer

Measurement and Evaluation in Counseling and Development

Association for Assessment and Research in Counseling (AARC)

Editorial Board Member

2019 - present

Proposal Reviewer

Journal of College Student Retention: Research, Theory, & Practice

Center for the Study of College Student Retention

Editorial Board Member

2023 - present

Proposal Reviewer

Journal of Human Services Scholarship and Interprofessional Collaboration

Editorial Board Member

2016 - 2022

Proposal Reviewer

Journal of Human Services

The National Organization for Human Services

Ad Hoc Reviewer

2025

Proposal Reviewer

American Psychologist

Ad Hoc Reviewer

2022 & 2025

Proposal Reviewer

Community College Review

Ad Hoc Reviewer

2021

Proposal Reviewer

Counseling Outcome Research and Evaluation

Association for Assessment and Research in Counseling (AARC)

Ad Hoc Reviewer

2020, 2023, & 2025

Journal of American College Health

American College Health Association

Ad Hoc Reviewer

2017 - 2019

Measurement and Evaluation in Counseling and Development

Association for Assessment and Research in Counseling (AARC)

Ad Hoc Reviewer

2019

Studies in Higher Education
Society for Research into Higher Education

Ad Hoc Reviewer 2016
Journal of College Counseling
American College Counseling Association

Editorial Assistant 2015
Journal of Human Services
National Organization for Human Services

Assistant Editor 2015- 2016
Woody Schwitzer's College Counseling & Psychological Services Knowledge Base
American College Personnel Association (ACPA) College Student Educators International

Guest Editorial Board Member 2014
Journal of Human Services
Current Issues: Winter Monograph

National & Regional Leadership & Service: Committees, Conferences, & Boards

Internal Institute for the Advancement of Counseling Theory (IIACT) 2021- present
Co-Director of Research

Advisory Board: CACREP Counseling Program 2021-2023
Committee Member
External advisory committee for the counseling program at Old Dominion University

ACES Conference Proposal Reviewer 2021
Association for Counselor Education and Supervision

WACES Conference Proposal Reviewer 2020
Western Association for Counselor Education and Supervision

Outstanding Scholar Award Judge 2019 - 2020
The Professional Counselor
Flagship journal of the National Board for Certified Counselors

ACES Conference Proposal Reviewer 2019
Association for Counselor Education and Supervision

Awards Committee Member 2017- 2018
Rocky Mountain Association for Counselor Education and Supervision

NARACES Volunteer at Conference, Syracuse, NY 2016
North Atlantic Region Association for Counselor Education and Supervision

ACES Conference Proposal Reviewer <i>Association for Counselor Education and Supervision</i>	2015
Chi Sigma Iota Awards committee member Omega Delta Chapter <i>Old Dominion University</i>	2014 - 2017
Chi Sigma Iota Chapter President Nu Chapter <i>The College at Brockport, State University of New York</i>	2013 - 2014
Chi Sigma Iota President-elect Nu Chapter <i>The College at Brockport, State University of New York</i>	2012 - 2013
Chi Sigma Iota Executive Board Committee Member Nu Chapter <i>The College at Brockport, State University of New York</i>	2012
<u>Service to the University and College</u>	
Dean's Search Committee Committee Member College of Health, Education, and Social Transformation <i>New Mexico State University</i>	2024 - 2025
Faculty Affairs Committee Committee Member College of Health, Education, and Social Transformation <i>New Mexico State University</i>	2024
Faculty Affairs Committee Co-Chair College of Health, Education, and Social Transformation <i>New Mexico State University</i>	2023
Faculty Affairs Committee Committee Member College of Health, Education, and Social Transformation <i>New Mexico State University</i>	2021- 2022
Emerging Scholars Initiative Committee Member College of Education <i>New Mexico State University</i>	2020 - 2021

Faculty Compensation Advisory Committee Office of the Provost <i>New Mexico State University</i>	2020 - present
Faculty Senator College of Education Representative for the Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2020- 2021
University Affairs Committee <i>New Mexico State University</i>	2020- 2021
Student Mental Health Task Force Dean of Students Office <i>New Mexico State University</i>	2019 - 2021
Space Committee The College of Education <i>New Mexico State University</i>	2019 - 2020
Clinical Reasoning and Case Formulation Curriculum Task Force <i>New Mexico State University</i>	2017 - 2018
New Student Mentor The College of Education <i>New Mexico State University</i>	2018 - 2021
New Student Mentor The College of Health, Education, and Social Transformation <i>New Mexico State University</i>	2022 - present
Student Affairs Committee The College of Education <i>New Mexico State University</i>	2017 - 2018
Dean's Initiative Committee for a College-Wide Statistical Sequence The College of Education <i>New Mexico State University</i>	2017 - 2020

Departmental Leadership & Service

Program Director MA Clinical Mental Health Counseling Program CACREP Accredited <i>New Mexico State University</i>	2021 – present
Admissions Coordinator MA Clinical Mental Health Counseling Program CACREP Accredited <i>New Mexico State University</i>	2017 - present

Assessment Coordinator MA Clinical Mental Health Counseling Program CACREP Accredited <i>New Mexico State University</i>	2018 - present
Faculty Affairs Committee Committee Chair Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2024- present
Faculty Member Search Committee Chair Tenure Track Assistant Professor of School Psychology Department of Counseling and Educational Psychology <i>New Mexico State University</i>	Spring 2025
Faculty Member Search Committee Chair Three Simultaneous Searches Tenure Track Assistant Professor of Counseling Psychology (2 positions) Tenure Track Assistant Professor of School Psychology Department of Counseling and Educational Psychology <i>New Mexico State University</i>	Fall 2023
Faculty Member Search Committee Chair Tenure Track Assistant Professor of Counseling Psychology Department of Counseling and Educational Psychology <i>New Mexico State University</i>	Spring 2023
Faculty Member Search Committee Chair Tenure Track Assistant Professor of Counseling Psychology Department of Counseling and Educational Psychology <i>New Mexico State University</i>	Fall 2022
Faculty Affairs Committee Committee Member Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2021- 2023
Faculty Member Search Committee Chair Open-Rank Professor of Counseling Psychology Department of Counseling and Educational Psychology <i>New Mexico State University</i>	Spring 2022
MA-CMHC Program Committee Chair Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2021 - present
CEP Leadership Committee Member Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2020 - present

Faculty Member Search Committee Chair Tenure Track Assistant Professor of Counselor Education Department of Counseling and Educational Psychology <i>New Mexico State University</i>	Fall 2021
Co-Program Director MA Clinical Mental Health Counseling Program CACREP Accredited <i>New Mexico State University</i>	2020
Faculty Member Search Committee Member Department of Counseling and Educational Psychology Tenure Track Assistant Professor of Counseling Psychology <i>New Mexico State University</i>	Spring 2021
CEP Departmental Leadership Committee Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2020- present
Volunteer Actor for Interprofessional Training Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2020
Co-Interim Program Director MA Clinical Mental Health Counseling Program CACREP Accredited <i>New Mexico State University</i>	2017 - 2018
Faculty Member Search Committee Member Department of Counseling and Educational Psychology Tenure Track Assistant Professor <i>New Mexico State University</i>	2017 - 2018
CEP Long Range Planning Committee Department of Counseling and Educational Psychology <i>New Mexico State University</i>	2017 - 2018
Faculty Member Search Committee Member Department of Counseling and Human Services Tenure Track Associate/Assistant Professor <i>Old Dominion University</i>	2015 - 2016
Peer Mentor Mentored incoming doctoral students <i>Old Dominion University</i>	2015 - 2017
Doctoral Student Interview Ambassador	2016

Student panel member
Facilitated campus tours
Old Dominion University

Doctoral Student Interview Ambassador

2015

Co-facilitated group interviews
Student panel member
Old Dominion University

Service to the Community

SOS Signs of Suicide Middle School and High School Prevention Programs

2019 -2020

Las Cruces Public Schools
Las Cruces, NM

- The SOS Signs of Suicide Prevention Program (SOS) is a universal, school-based depression awareness and suicide prevention program designed for middle school (ages 11–13) or high school (ages 13–17) students. My role included:
 - Collaboration with teachers, principal's, and school counselors.
 - Adapting SOS materials to meet the developmental needs of high school students.
 - Facilitating suicide awareness and psychoeducation groups.
 - Supervising practicum students' facilitation of suicide awareness and prevention psychoeducation groups.
 - Supervising practicum students' facilitation of screenings for depression and suicide.

Consultant

La Clinica de Familia, Inc. Behavioral Health Specialty Services
Las Cruces, NM

2017 - 2018

- Selection of psychologically sound measurement instrumentation and safety plans.

PROFESSIONAL COUNSELING IDENTITY

Clinical Supervisor

2016 - 2017

Old Dominion University, Norfolk, VA

- Provide clinical supervision to graduate students completing their practicum or internship clinical training.
- Monitor and provide feedback to students about counseling sessions, written case conceptualizations, and conduct student evaluations of progress.
- Collaborate with site supervisors to ensure maximum student support.

Doctoral Counseling Intern

2016 - 2017

Eastern Virginia Medical School

- Program development and assessment
- Development of modules and worksheets
- Provided counseling to physician residents and fellows in wellness and interpersonal skills

- Consulted with leadership coordinators and created psychoeducation sessions
- Provided trainings on interpersonal skills to standardized patients (professional actors)

Group Facilitator

2015

Interpersonal Awareness

Old Dominion University, Norfolk, VA

Mental Health Counseling Internship

2012 - 2013

Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY

- Facilitated weekly 1:1 individual counseling sessions with veterans who were living with a variety of mental health disorders including Substance Use Disorders, Anxiety Disorders, Depressive Disorders, Post-Traumatic Stress Disorder, Paranoid Schizophrenia, Anti-Social Personality Disorder, Psychotic Disorders, and Dementia.
- Facilitated weekly psycho-educational group with 10-25 adult veterans and 5-7 nursing staff members utilizing Cognitive Behavioral Therapy (CBT) techniques to develop coping skills to regulate extreme emotions and to develop effective interpersonal relationship skills.
- Conducted weekly group counseling session with 20-30 adult veterans on preventing relapse from Substance Use Disorders.
- Facilitated weekly psycho-educational group with 25-40 adult veterans utilizing recovery skills for Substance Use Disorders.
- Completed new client intake/motivational interviewing sessions for recently admitted veterans.

Mental Health Counseling Practicum

2012

Hazen Hall Student Counseling Center, Brockport, NY

- Facilitated 1:1 individual counseling sessions with clients who were living with mental health concerns, including social anxiety, depression, substance use, adjustment challenges, and peer/family conflict.
- Completed new client intakes.
- Completed crisis triage interviews.

Sociotherapist

2010 - 2011

Hillside Crestwood Children's Center, Rochester, NY

- Crisis counseling and supervision of youth who were living with severe emotional disabilities.
- Actively involved with Therapeutic Crisis Intervention (TCI).
- Employed supportive counseling skills and crisis intervention skills to verbally de-escalate youth who were in emotional crises and became verbally and physically aggressive.
- Designed and implemented therapeutic recreation activities to help youth develop and practice more effective cooperative interpersonal skills.
- Participated in multi-disciplinary team of professionals for professional development.
- Participation in treatment team meetings to present on clients' progress and create treatment plans for youth in the program.

TECHNOLOGY & COMPUTER SKILLS

- **Analysis of Moment Structures Software (AMOS):** Statistical analysis program used for structural equation modeling.
 - **Statistical Package for the Social Sciences (SPSS):** Statistical analysis program.
 - **G*Power:** Software for computing statistical power, effect size, and confidence intervals.
 - **Tevera:** Field placement and assessment management software.
 - **Zoom:** Online software for hosting virtual classrooms.
 - **Canvas:** Online based application for posting announcements and resources for students.
 - **Blackboard:** Online based application for posting announcements and resources for students.
 - **Qualtrics:** Online survey software tool.
 - **Dropbox:** Online cloud for file storage and sharing.
 - **Google Drive:** Online cloud for file storage and sharing.
 - **Microsoft Office Professional:** PowerPoint, Word, Excel, Outlook, & Publisher.
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PROFESSIONAL MEMBERSHIPS

- American Counseling Association (ACA)
 - Association for Counselor Education and Supervision (ACES)
 - Association for Assessment and Research in Counseling (AARC)
 - Rocky Mountain Association for Counselor Education and Supervision (RMACES)
 - Western Association for Counselor Education and Supervision (WACES)
 - American Association of University Professors (AAUP)
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PROFESSIONAL DEVELOPMENT

- NIH IDeA Western Regional Conference. 2023
- Association of College and University Educators, Effective Teaching Practices Course. 2020-2021.
- Rocky Mountain Association for Counselor Education and Supervision (RMACES) Virtual Conference, 2020.
- Association of Counselor Education and Supervision Conference, Seattle, WA, 2019.
- How to Write a Self-Study CACREP Workshop, Alexandria, VA, 2019.
- Promotion & Tenure Portfolios Summer 2019, New Mexico State University, Las Cruces, NM.

- Association of Counselor Education and Supervision Conference, Chicago, IL, 2017.
- Strengthening Clinical Reasoning in Practice: Key Concepts for Use in Clinical Reasoning in Assessment and Case Formulation, Las Cruces, NM, 2017.
- Southern Association for Counselor Education and Supervision Conference, New Orleans, LA, 2016.
- North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY, 2016.
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2016.
- American Counselor Association (ACA) Annual Conference, Montreal, Canada, 2016.
- Mindfulness Coaching Training & Techniques, Norfolk, Virginia, 2016.
- Association for Counselor Education and Supervision (ACES) Annual Conference, Philadelphia, PA, 2015.
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2015.
- Virginia Association for Counselor Education and Supervision Conference, Harrisonburg, VA, 2015.
- The William and Mary School of Education Research Symposium, Williamsburg, VA, 2015.
- Transitioning to the DSM-V, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013.
- Cognitive Information Processing for Treating PTSD, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013.
- Motivational Interviewing in Counseling Settings, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2012.
- Graduate Research Conference, The College at Brockport, Rochester, NY, 2011.
- Therapeutic Crisis Intervention Training, Hillside Family of Agencies, Rochester, NY, 2010.
- Crisis Intervention: Verbal De-escalation, Hillside Family of Agencies, Rochester, NY, 2010.
- National American Association for Psychological Science Conference, Boston, MA, 2010.